

## MEDITATION MOUNT – WINTER SOLSTICE

### SUNDAY – 4<sup>th</sup> Candle Lighting Ritual

Transcript - (12-20-2020)

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<https://www.esotericadvent.org/>

Thank you, Diana and Michael, and hello to all participants and friends of Meditation Mount around the world. It is a pleasure to be here with you tonight to introduce the final segment for today that includes a brief ceremony of Invocation to Light – which is part of a much larger ritual ceremony.

I want to first begin by placing what we are about to do – lighting the 4<sup>th</sup> Advent Light – into the fuller context of a spiritual, religious and solar planetary event (some of which was alluded to by Michael and Diana).

The Christmas period is for many millions, and in fact billions of “traditional religious” a time of reflection and celebration for the birth of “The Light of the World” by the one they knew as Jesus. The whole story of the birth that happened 2000 years ago in a manger or cave, the appearance of the star, and the three wise men traveling to visit the new born, all have a deeply significant meaning to spiritual people irrespective of their religious traditions. The celebration of this birth 2000 years ago has origins in multiple cultures around the world and dates back many thousands of years. What is a common theme to all of them is that a higher light, or a new energy took birth through a human being to anchor that new energy on earth for an evolving humanity. As it was then for the Piscean age, so it is now in the heralding of a new age in Aquarius. The Saturn Jupiter conjunction was present during that time, and according to Theosophist Helena Petrovna Blavatsky (HPB), it was the combined light of these two planets looking like one very bright star in the heavens that the Three Wise Men followed. Along with this is the symbolism and presence of the star Sirius that shines so radiantly in our night sky, ever leading Humanity to a higher Destiny.

So when we speak of the birth of Light coming through a human being, we give that being a name. Two Thousand years ago, it was the initiate Jesus who had prepared to bring this light through him, and, what is known to students of the Ageless Wisdom teachings, there was a greater Being – the Christ (a true Master) Who worked *through* the initiate Jesus in the last three years of his life performing

all the many miracles of healing, and bringing in newer teachings to lead Humanity forward. Christ also brought a new energy, the Light of Love, for the first time on this planet, which acted as a “saving force” lifting humanity onto a higher rung of the ladder of Lights. What is not commonly known is that the Christ Himself was also over-lighted by yet another and even greater Being known as the Spirit of Peace, hence the phrases and songs we hear sung at this time of year – “Peace Be on Earth, and Goodwill to all Men” – which is a powerful mantric phrase that when sung or meditated upon reveals deeper meaning. [The teachings as they were given to the followers of Christ Jesus at that time, were pure, high and unadulterated. As centuries passed and formal religious organizations were built around them, men being men, dogma and doctrine overtook the original spoken words of the Christ, obscuring the true and deeper meaning as it was first presented. And yet, they remain and can be found buried amongst the doctrines. Every religion has its gifts, gems and pearls of wisdom to share *as light*, upon which we must build rather than summarily throw everything out as many have done. But it requires training to recognize what is true and real, and what is not].

I now want to briefly focus on the meaning behind the word phrase – “I am the Light of the World” – again, another powerfully significant phrase carrying deep meaning to students of the ancient Wisdom Teachings.

In the book *Rays and Initiations* (by a Tibetan Master Teacher writing through Alice A. Bailey), we read:

“It must ever be borne in mind that the great theme of LIGHT underlies our entire planetary purpose. The full expression of perfect LIGHT ...” is the Light that reveals Love, and Knowledge, and Life – all of which permitted the Christ to say – “I am the Light of the World”. ... As this light spread, it became “the light of knowledge” in education and is “the incentive behind all our great schools of learning in every country in the world”. ... “The mystery of electricity” – an aspect of the Light of Life, is revealing that “a human is composed primarily of light atoms, and the light in the head” (so familiar to meditators) ... “is brought about by the ... fusion of the light inherent in substance itself” in the brain, “and the light of the soul” in each of us. The “Light of Love” is the purpose of our Solar God and the means by which we will come together as One Humanity. ... “These words carry meaning to all true aspirants and disciples upon the path of light”, presenting them “with a goal which they can define to themselves as that of *finding the light, appropriating the light, and themselves becoming light-bearers.*”

(NO TIME FOR: "... the soul itself is light, and the entire Hierarchy – or Kingdom of Souls [the Abode of Light as it is sometimes called] – is a great centre of light, causing the symbology of light to govern our thinking, our approach to God, and enabling us to understand somewhat the meaning of the words of Christ "I am the Light of the world." "The Christ was the first of Earth Humanity to achieve liberation (esoterically significant) thus paving the Way ahead for others to follow". These words carry meaning to all true aspirants and disciples upon the path of light, and present them with a goal which they can define to themselves as that of finding the light, appropriating the light, and themselves becoming light-bearers. The theme of light runs through all the world Scriptures; the idea of enlightenment conditions all the training given to the youth of the world ... and the thought of more light governs all the inchoate yearnings of the human spirit."

... if we carry the concept of Light up to the **Centre of Life** where dwells the Ancient of Days, the Eternal Youth, the Lord of the World, Sanat Kumara, Melchizedek – to give a few names for God. ... from that Centre streams the Light of Life, the Light Supernal – that we find in Capricorn upon the mountain top – *which the winter solstice initiates as the sun moves into Capricorn.* ... Trained Disciples and initiates *know*, that **light** is ... an expression of Life, and essentially ... in a most mysterious way the terms, Light and Life, are interchangeable terms within our planetary ring ..... Beyond those limits – who knows? DK says. Light can be regarded as a meeting and consequent fusion of spirit and matter).

So then, in this ritual of "Esoteric Advent", we build upon and take to a deeper level of meaning and significance the religious impulse of the churches and billions of spiritual people celebrating the Advent of Light. An "Esoteric Advent" is in its essence the anticipation of and preparation for the coming of the Light for a new Age, the dawning Age of Aquarius, and for the birth of the Soul in an awakening Humanity, the birth of new Teachings to carry Humanity forward, and the birth of a new representative to anchor that Light in Humanity – one Who we can simply refer to as the Aquarian Christ. In this newer understanding, we can touch upon multiple levels of Being of this Light – from the Cosmic Christ embodied by that stupendous sun Sirius, to the Solar Christ – or Son of Divine Love embodied by certain planets in our solar system (Jupiter, Neptune and Venus), the Planetary Christ upon our Earth, to the Christ that is the triune Soul in every human being – the Christ in us, and to that Christic essence, impulse and light found in the heart of every atom.

As we now come to Lighting the 4<sup>th</sup> Advent Light, it is traditionally a wreath of five lights. One meaning that can be inferred is the five-pointed star symbolically representing four cardinal directions plus a Fifth – for Spirit. The glyph for the symbol of Earth is a circle with an even-armed cross inside. All who take incarnation come into the influence of the sphere of Earth—the four-fold field of daily life, and the vertical Spiritual dimension is the fifth, the uppermost point of the Star that is lit on Christmas Day or on the winter Solstice representing new light being born from a solar - planetary Reality.

To understand what we are lighting, we can gain some magical insight from the book *Treatise on White Magic* (written by the Tibetan Teacher and Master through Alice A. Bailey) where a reference is made to an ancient text dating back to early Atlantean times. The material for the writing is so old and frail that the original is kept in Shamballa, and if a Master wants to read it, He or She has to “precipitate it” – in other words manifest it into form to read. There are four words plus a fifth spoken by these Angels representing great cycles of time through which humanity has moved, some of these stages are now extinct and some are yet to come. But for our present earth humanity Four Sacred Words are given, held by the Four Angelic Intelligences standing round a square, passing each word “mouth to mouth”, one for each direction as follows: –

From out the Eastern corner of the square – a Light Divine is seen with the injunction to ‘LOVE ALL’

From out the South – the word peals out - ‘I DEDICATE’

From out the West – the answer is thrown back - ‘I SERVE’

And from out the North – a word is chanted that means - ‘Be Pure’

It is for this Word, Be Pure, that we Light today’s 4<sup>th</sup> Advent Light.

The fifth is lit on Christmas Day, or the Solstice, meaning “spiritual attainment” all together forming the five qualifications for the White Magician.

Let us BEGIN:

We begin by sounding the sacred word OM to empower the field and call in the High Beings attending sacred rituals – and the Angel of the Northern Portal ....

Intoning the sacred Word - OM

*WE DEDICATE THIS RITUAL to the COMING of THE LIGHT, TO ~*

*~ THE COMING ONE – The BEACON of LIGHT and GREAT HEART of LOVE,*

*~ TO THE KINGDOM of SOULS – the great POTENCY OF THE INNER GROUPS,*

*~ and TO THE SOUL OF HUMANITY – MERGING the TWO IN ONE.*

Meditatively hold in mind the *Advent of the LIGHT OF THE WORLD*, as we **ritually re-Light the First, Second and Third Advent Lights** As we light these Lights, let us keep in mind the True Mystic meaning of lighting a candle – a symbol for the “Light of the World” – and we say:

**With these Lights as symbol – “The Light of the World” advances the awakening of every Soul of Humanity – and affirming the Love and Life of God present in the heart of every atom.**

△ Placing your dominant hand over your heart, connect with the life energy of the Heart and then the forehead. With feeling, intone:

**“WITH NOBLE HEART”**

With the same hand touch the Ajna Center (forehead), saying:

**“AND PURE INTENT”**

Raise both hands to above the Crown as if “Lifting the heart and life and consciousness to Divinity” reaching into the Flame of Divinity, then saying:

***I DRAW UPON the INHERENT POWERS of the TRUE SOUL –***

Bringing the hand down – drawing Life energy into the Heart,  
Momentarily place both hands over the other upon the heart,  
Pausing briefly, open both hands to bless the world, saying –

***For BRINGING FORTH NEW LIGHT into the WORLD –***

◇ ***We Now Light the FOURTH Advent Light*** from the flame of the Third Light, WHILST intoning with Soul power:

IN THIS FOURTH ADVENT LIGHT:

*“WE LIGHT THIS LIGHT FOR THE COMING OF GREATER LIGHT” ~*

*~ for THE LIGHT OF THE WORLD ~*

*TO BE WITH US ~*

*Pause*

*“WITH THIS LIGHT, We Look to the ANGEL OF THE LORD  
of the NORTHERN PORTAL Who abides in the Mountain where Power resides.*

*“— ANGEL OF THE NORTHERN PORTAL - BE WITH US AS WITNESS and AID  
TO ALL WHO HAVE HERE GATHERED IN GROUP APPROACH TO DIVINITY  
~ FOR SPREADING PEACE UPON THE EARTH AND GOOD WILL TO ALL,  
UP-LIFTING ALL CONDITIONS FOR A NEW WORLD UNFOLDING ~*

*pause*

*“FROM OUT OF THE NORTH, let us hear the WORD now CHANTing,  
meaning – “BE PURE”.*

*OM*

*Pause*

*HAVING HEARD THE WORD FROM THE NORTHERN PORTAL,*

*WE AFFIRM OUR STAND*

*In the FULLNESS OF COOPERATION ~*

*NOW,*

*WE FACE THE LIGHT –*

*WE BECOME THE LIGHT –*



## NOTES:

### THE FIVE LIGHTS OF ADVENT

The rituals of Esoteric Advent may be “mentally visualized” or ritually performed. In any case, an attitude of reverence and an intensity of inner focus *summons the energy of Light in time and space.*

As we light our Lights, keep in mind the True Mystic understanding of the meaning of lighting a candle – that it is a symbol for the “Light of the World”. Each Advent Light also symbolizes Christ Immanent at deeper levels of Reality, each Lighting brings us closer and closer to the Light and Love of The Christ – individually, as a Group and in service of the Plan bringing Peace and Good Will to All.

Let Us Be reminded that Angels participate and cooperate in all sacred rituals intended for higher purpose as we link with the Christ – Teacher of Angels and of Humanity, who bring unexpected blessings and unique surprises that are truly meaningful to each and everyone of us. As we attune, consciously welcoming them into our interior space, they can be *sensed* as a presence of fullness in the field and in the exterior space in which we live. They also bring their Presence into the Group aura, greatly enhancing our work and bringing magical potency to our group process.

As we meditatively begin, let us once again bring to mind the deeper purpose and meaning of “Esoteric Advent” as ~

◇ *The Advent of the COMING ONE* – the CHRIST, Lord of Love, Savior and World Teacher

◇ The Externalization of the Spiritual Hierarchy – Masters of Love Wisdom, Great Lights Who shall walk openly once again amongst Humanity, preparing the Way



◇ *The Advent of the Soul of World Servers, World Serving Groups and the Soul of Humanity*

◇ *The Advent of The LIGHT of the WORLD magnifying the Light of God present in every human Heart, and heart of every atom. Man is an Atom in the body of God. We prepare the Way to receive the Light and Be a greater Light of the Soul.*

With this First Sunday of Advent, we impress these thoughts in HEART–MIND as we move toward the first portal of the Eastern gate. Through this portal, a new quality of Light, “a Light Divine to Love All” shall enter through the Soul Star Group, and the world of daily living to and through each of us, one and all.

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NOTE: Stage I and II Meditations offered here are in their long form and should be done in the long form at least once to experience them in their fullness. If the steps and sequencing are known and familiar, it can be done from “on High” in a slightly abbreviated form, presencing the energy of each stage in a progressive movement or sequence as follows:

◇ Step into the Peaceful Presence of the Soul ◇ Merge with the Soul Star Group and the One Soul of Humanity

◇ Attune with the Lord of Love – the Christ and the Great Potency of the Inner Groups.

◇ Standing round the Earth with untold numbers of Lightworkers and World Serving Groups, we bless and uplift Humanity ...

◇ Thence proceed with the Ritual Lighting as written, speaking the words of power in unison

HAVE READY:

△ Four candles – the first three Sunday Advent Lights. Anoint the Advent Light with consecrated oil, holy water, or simply rub it with your fingers with ‘sacred intention’ intoning the words – “The Light of the World”.

where spiritually advanced human Beings go to receive further training.

◇ The five-pointed star symbolically represents four cardinal directions plus a Fifth – East, South, West and North – plus Spirit, corresponding with the purpose of Sanat Kumara – the Planetary Logos. The glyph for the symbol of Earth is a circle with an even-armed cross inside. All who take incarnation come into the influence of the sphere of Earth—the horizontal plane and four-fold field of daily life unfolding Soul consciousness stage by stage, through service. The vertical spiritual dimension of Spirit is the fifth, uppermost point of the Star.

◇ The fifth Light symbolically lit on Christmas Day represents the vertical axis of the Life of Spirit towards which the disciple-initiate ascends, vibrational mountain after mountain, reaching the summit of supernal light in Capricorn where the consciousness of God reveals the center of the Light – *and a Star is born*. Still higher mountain summits await the Initiate, but down he comes to serve with new Soul powers.

*“... The ego is legion, but the Holy Spirit is one. No darkness abides anywhere in the Kingdom [of God] ... your part is only to **allow no darkness to abide in your own mind**. This alignment with light is unlimited, because it is in alignment with the **Light of the World**. Each of us is the light of the world, and by joining our minds in this light we proclaim the Kingdom of God together and as one.”*

(ACIM, T99, 13)

THE DAILY RITUALS OF SANAT KUMARA:

**“Does it mean anything to you when I say that the ceremonial ritual of the daily life of Sanat Kumara [the Tibetan name for God] implemented by music and sound and carried on the waves of colour which break upon the shores of the three worlds of human evolution, reveal—in the clearest notes and tones and shades—the deepest secret behind His purpose? It scarcely makes sense to you and is dismissed as a piece of symbolic writing, used by me in order to convey the unconveyable. Yet I am not here writing in symbols, but am making an exact statement of fact. As beauty in any of its greater forms breaks upon the human consciousness, a dim sense is thereby conveyed of the ritual of Sanat Kumara's daily living. More I cannot say.”** (R&I, 246/7)